

# **American Balint Society**

## **Metasupervision Groups**

### **Policy and Procedures**

*Approved by ABS Council on 5/9/2011*

#### **Purpose:**

1. To provide peer supervision to supervisors, and credentialed leaders, who are currently supervising ABS credentialing candidates
  - a. This is the meeting's primary purpose
2. To provide a forum for discussion of "parameters" of Balint supervision or leadership
  - a. Discussion of parameters take place If no supervision dilemmas, questions or issues regarding supervision present themselves

#### **Format:**

1. Meets every 2 months for one hour, by telephone
2. Convened by Coordinator of Supervision, who may delegate this role at any given meeting
3. Generally a Balint group format: case bubbles up, presenter listens as group "takes the case" and may rejoin discussion later.
  - a. At times, the format may instead be a consultation or discussion. Group and leader decide on the format on a meeting-by-meeting basis.
  - b. Confidentiality is required
4. The Coordinator of Supervision takes minutes of the group and distributes these to group members. When a case is presented the content of the Balint groups are not recorded in the minutes.

#### **Membership:**

##### Required

1. ABS-approved supervisors who are currently supervising or have a signed contract to begin supervision
2. ABS-credentialed leaders who are currently supervising a co-leader, whether or not they are approved as supervisors, once the co-leader enters the credentialing pathway

##### Eligible

3. All other ABS-approved supervisors are eligible to become members
  - a. Coordinator of Supervision will contact people who are new to supervision to invite them to become members of the group once certification is approved